

# Medical Information

Use this section to store information relating to the **health and medical needs of your household**.

	Have	N/A	Date Added/ Updated	Tips and Links
Physician contact				You may wish to put a copy of your physician's or specialist's business card or paperwork from your most recent visit into your EFFAK.
Pediatrician contact				
Medical specialist contact (e.g., dentist, optometrist)				
Copy of health insurance ID card(s), including Veteran Health Identification Card(s)				You can get a copy of your health insurance cards from your insurance provider or the Department of Veterans Affairs.
Copy of pharmacy ID card(s)				
Medicare card				
Medicaid card				
Record of immunizations/ allergies				
Caregiver agency contract or service agreement				
List of medications you take on a regular basis				
Copies of current prescriptions (including glasses)				
List models, serial numbers, and suppliers for medical equipment (e.g., pacemakers, feeding pumps, home IV units, suction machines, wheelchairs, Braille or lower vision equipment)				
Disabilities documentation				
Living will/power of attorney (medical)				A living will is a legal document that explains the type of care and degree of medical attention you would want in the event of a life-threatening medical condition. You can obtain these free of charge. Discuss this with your health care provider.
Other				

### Checklist of Important Documents: Medical Information

Type of Document	Have	N/A	Date Added/ Updated	Tips and Links
Veterinarian contact information				You may wish to put a copy of your veterinarian's business card or paperwork from your most recent visit in your EFFAK.
Pet immunization records				
Copies of current pet prescriptions				