



## NOVEMBER/DECEMBER WALKS

**Come walk with us!** We will be walking twice in November and December. We continue to vary the days and times so more people can join us. You must pre-register if you'd like to join the walk. Please look carefully at the schedule and **RESERVE** a spot by or emailing the COA at [coaprogram@sherbornma.org](mailto:coaprogram@sherbornma.org) or calling the COA at 508-651-7858. In your message, please let us know whether you are going to meet us at Town Hall or at the walk location.

**NOVEMBER 11 (FRIDAY)** VETERANS DAY WALK- 9:00-10:00 a.m.  
Broadmoor Audubon Sanctuary in South Natick.

**NOVEMBER 22 (TUESDAY)** KEEFE TECH RESTAURANT ROOM LUNCH followed by walk at Cushing Memorial Park. The park is located on 57 acres and is the site of a World War II Army Hospital. The park offers paved walking track. Lunch is at 11:30 a.m. followed by the walk.

**DECEMBER 6 (TUESDAY)** ELM BANK FESTIVAL OF TREES  
View a collection of beautifully decorated trees and then head off for a brisk walk of the grounds. We will end the morning with lunch at Wellesley College Club. For those who would like to view the Festival of Trees, the cost is \$5; Tree viewing is at 10 a.m. The walk (no charge) will start at 10:30. *Lunch at the Wellesley College Club is a holiday gift from the Friends of the Sherborn Council on Aging.*

**DECEMBER 16 (FRIDAY)** 9:00-10:00 a.m. HOLLISTON RAIL TRAIL  
Don't let the holidays be an excuse for not walking! This local walk is flat and crushed stone so it is very walkable. Come join us!

*The walking club is open to Sherborn residents of all ages and older adults of neighboring towns. There is no cost to participate thanks to a grant from Baypath Elder Services, which receives funding from Title III of the Older Americans Act. Because federal funding is being used you have the opportunity to make a "voluntary donation" toward the cost of this program. Voluntary donations are put directly into program enhancement, allowing for the expansion of services.*