



Volunteer Newsletter

October, November December 2016

SHERBORN
COUNCIL ON
AGING

19 Washington Street
Sherborn, MA 01770

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Hours:
M, Th, F: 8:00am—4:00pm
Tu, W: 8:00am—12:00noon



Message from the Volunteer Coordinator

Fall is here, and Winter isn't far behind. While we still get to enjoy warm, sunny days, the cool nights and mornings remind us what may be coming! Fall is a busy time. The relaxing days of summer have come to an end, and the hustle and bustle of school, work, home and life begin to take over. That being said, everyone's life is now packed with activities and yet you still all have found time to donate your time to the both the Council on Aging and the Seniors of Sherborn! We really are lucky to have so many committed volunteers...we couldn't do it without you. I hope you find this issue of the Volunteer Newsletter helpful and informative. Please let friends know the good work you're doing in hopes that they'll join in too. Many hands make light work.

-Ani Gigarjian

Volunteer Campaign Statistics

As our Volunteer Campaign takes off, I want to let you know some important statistics!

- * Well over 50 people have signed up to help the seniors in Sherborn!
- * Of the 12 opportunity areas available, there are 10 people who signed up for 5 or more!

(Catherine W, Jane H, Judy C, Judy F, Kate P, Kristin K, Lori H, Merrilee G, Renee M, Sally T)

Signups by Opportunity Area

- Phone calls—11
- Meal Delivery—25
- Leftovers anyone? - 9
- Hop on in... - 18
- Lend a hand—13
- Food Shopping—18
- Rakers and Shovelers—8
- Cookies—16
- #Technology—6
- Handyman—5
- Sit and Chat—11
- Meal Provider—3

For more information, visit http://www.sherbornma.org/Pages/SherbornMA_COA/Council%20on%20Aging%20Signup%20Genius%20write%20up.pdf
Or go to the COA website at www.sherbornma.org



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Important Dates to Remember:

October 27—MCOA conference

November 20—Police Association Thanksgiving Dinner

December 3—Friends of the COA Holiday Bazaar

December 8—COA Holiday Luncheon



Those who can, do.
Those who can do more,
volunteer.

~Author Unknown

Attention Volunteers

If you switch dates with another volunteer, it is critical that you contact the COA office so we can update our master schedule. Thank you!



Ways You Already Help

- Transportation
- Home Meal Delivery
- Sureline Calls
- Friendly Visitor
- Program Presenter
- Meal Provider
- Baking Buddy
- On-call Helper
- Flu Clinic
- LINK Newsletter
- Office Help
- Computer Help
- Lifetime Learning
- Shopping Assistant
- Professional Assistance
- Neighbors helping Neighbors
- Pizza and a Movie
- Leaf Rakers
- Snow Shovelers
- Handyman

Sherborn COA to speak at MCOA Conference
On October 27th, Ani and Karen will head off to the 3-day Massachusetts Council on Aging conference held in Falmouth, MA. They have been chosen to conduct a class/ seminar on volunteering! The Volunteer Campaign has proven to be such a success, that Karen and Ani will be speaking to over 40 (and growing) class participants about how to grow a volunteer base and more importantly, how to keep them! Wish them luck as they represent all the good things the Sherborn COA is doing!

COA has a new phone system

The Town Offices have installed a new phone system. Our number remains the same, but there are now options when you call. You can RSVP for the Senior Café and the Walking Group, or leave a message regarding a Lifetime Learning Class. Be sure to listen to the whole message as options can change. As always, someone will be there to answer your call.....just hit "0".



"Unadvertised Needs"

Our signup genius has proven to be successful, and folks have certainly signed up to donate their time and skills. But what else can community members do if they want to contribute even more??

Well, the Sherborn COA has other areas where we could use help and expertise. We don't always advertise these needs because sometimes we only need 1 or 2 people, and our experience has been that we often get so many more than that! Not a bad problem to have.

Do you have any special skills? Can you do one-time projects? Would you feel comfortable in an office atmosphere?

Then we need you!

Could you offer your help in any of the following areas:

- ◆ Newsletter creation—need to know how to use Publisher
- ◆ Create posters and promotional items
- ◆ Office coverage and help
- ◆ Professional help (legal services, tax advice, grant writing, etc)
- ◆ Last minute "help" (rolling silverware, assembling booklets, etc)
- ◆ Special help with seniors
- ◆ Program Presenter—trips, professional, etc

If any of these areas are of interest to you, please let me know. You can reach me at 508-651-7858 or via email at coavolunteer@sherbornma.org

